

COLONOSCOPY PREP USING PLENVU

PATIENT: _____

DOCTOR: _____ LOCATION: _____

PROCEDURE DAY: _____ DATE: _____

ARRIVAL TIME: _____ PROCEDURE TIME: _____

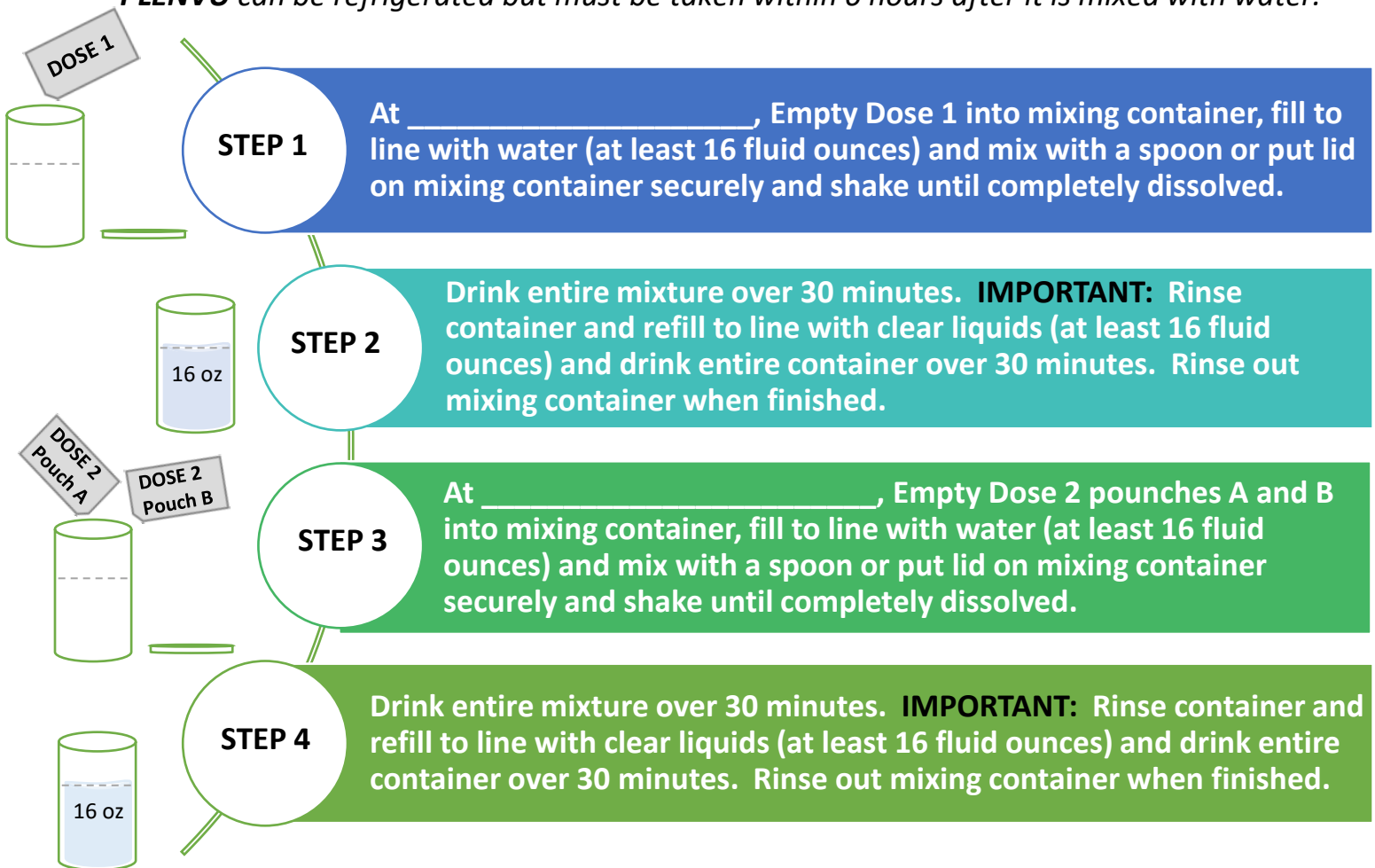
PLEASE PURCHASE THE FOLLOWING AT YOUR LOCAL PHARMACY:
PLENVU Bowel Prep Kit- *Prescription required, please obtain from your GI Provider*
DISREGARD DIRECTIONS ON BOX. FOLLOW INSTRUCTIONS LISTED BELOW ONLY.

THE DAY PRIOR TO YOUR PROCEDURE. DAY _____ DATE: _____

You must follow a clear liquid diet all day. LIQUIDS ALLOWED: Water, black coffee, apple and white grape juice, soda, tea, Kool Aid, sports drinks, lemon or lime Jell-O, Chicken or beef broth, and popsicles.

NOT ALLOWED: Solid food, milk, alcohol, or anything RED, ORANGE, or PURPLE.

PLENVU can be refrigerated but must be taken within 6 hours after it is mixed with water.



*****Stay near toilet. You will have diarrhea, which can be quite sudden. This is normal. The stool should eventually be a clear yellow liquid. *****

AT LEAST A WEEK BEFORE YOUR PROCEDURE: Check with your prescribing doctor to make sure it is safe to hold prescription blood thinners, such as Coumadin, Plavix, Pradaxa, Xarelto, Warfarin, Eliquis, or iron supplements. Please get permission to stop these **4 days prior** to your procedure.

COLON CLEANSING TIPS:
Walking will help move the solution through, your body
Continue drinking lots of clear liquids until the time provided below.
Anal skin irritation or flare of hemorrhoid inflammation may occur. If this happens, treat it with over-the-counter remedies, such as hydrocortisone cream, baby wipes; Vaseline, or tucks. Avoid products containing alcohol.

NPO STATUS: During your procedure you will be administered either general anesthesia or heavy sedation. For your safety, it is essential you follow these guidelines:

- **No GUM, CANDY, MINTS, CIGARETTE SMOKING or TOBACCO USE 2 hours prior to your arrival time.**
- **NOTHING TO EAT OR DRINK AFTER _____.**

THE DAY OF YOUR PROCEDURE:

- If you take insulin or oral diabetic medication, you are advised to **HOLD** and **DO NOT TAKE** on the day of your procedure. Bring it with you.
- Take any routine heart, blood pressure or seizure medications with a **SMALL** sip of water. At least two hours before your procedure.

YOU MUST HAVE WITH YOU:

- A responsible adult to drive you home. This individual must be present when you, check-in and stay at the facility during the procedure or your procedure will be **CANCELLED**.
- A list of all medications you are now taking, including over-the counter products and herbal supplements.
- A list of any allergies you have.
- If you have a Pacemaker/AICD please bring in your Pacemaker/AICD card.

Providence Medical Center 8929 Parallel Parkway Kansas City, KS 66112	Overland Park Surgery Center 10601 Quivira Suite 100 Overland park, KS 66215
Overland Park Regional 10500 Quivira Road Overland Park, KS 66215	Shawnee Mission Medical Center 9100 W. 74 th Street Shawnee Mission, KS 66204
Saint Luke’s South Surgery Center 12541 Foster Suite 120 Overland Park, KS 66213	Westglen Endoscopy Center 16663 Midland Drive Shawnee, KS 66217
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Any questions, please contact us at:
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KC NORTH GI: 816-221-9898