

## HOW DO I PREPARE FOR MY INFUSION?

- ❖ **Hydrate, hydrate, hydrate!** It is important to come to your infusion well hydrated to allow easier IV placement and to minimize side effects. Double fluid intake for 2 days prior to your infusion (at least 6 to 8 glasses of liquid daily). Avoid diuretics, such as caffeine, that can cause fluid losses.
- ❖ It's important to dress comfortable the day of your infusion. Wear loose fitting clothing and layers in case you get too warm or too cold. Bring a Blanket, if needed.
- ❖ The length of infusions can vary. Your provider can give you an estimated duration for your infusion, though this may change. Feel free to bring beverages/snacks and/or an entertainment (books, crossword puzzle/word search books, laptop or other entertainment devices to occupy your time.
- ❖ You are welcome to bring **ONE** friend or family member with you; however, the infusion room is not able to accommodate more than one extra person.
- ❖ While you are welcome to use your cell phone to listen to music, play games, text and even able to talk on your phone, please keep the sound level courteous to others in the room. We recommend you bring headphones or we can provide you with a pair.
- ❖ Report any **Vacation Plans** as soon as possible so we can address scheduling changes. Depending on your insurance, **you may not be able to receive an infusion early** to accommodate your travel plans.
- ❖ Call our office as soon as possible to report any **infections or antibiotic** use around the time of your scheduled infusion. Examples of infections include sinus or urinary tract infections, pneumonia, shingles, skin or tooth abscesses, etc. Depending on the infection, we may need to postpone your infusion.
- ❖ Call our office as soon as possible to report any scheduled **surgeries or invasive dental work**. These may require a disruption in therapy if we need to hold your infusion for a certain length of time before and/or after the procedures.

**Insurance changes** need to be reported **IMMEDIATELY** to avoid any disruption in therapy. Please contact our billing department at **913-962-2122** as soon as your insurance changes so that we can try to maintain a consistent infusion schedule.

If you have any questions or concerns, please call the office.